Hand Hygien Checklist

Form No: NTMH//IPC-02

Date:.....

Name of the Department/Unit .....

Name & Designation of the HOD/In-charge .....

SL	Rating Level	Rating Criteria	Scores
1	Rating level 0 (LO)	5 or more problems exist	0
2	Rating level 1 (L1)	3 or 4 problems exist	1
3	Rating level 2 (L2)	2 problem exist	2
4	Rating level 3 (L3)	1 problem exists	3
5	Rating level 4 (L4)	0 problem	4

Note: *Any question not applicable for Unit/Dept. should be marked as **'NA'** and ignore the irrelevant points without counting them for the score*

SL	CA questions	Rating Level					Remarks
		0	1	2	3	4	
A: General							
1	Purpose of hand hygiene.						
2	Moments of hand hygiene.						
3	Duration of the handwashing with soap.						
4	Duration of the hand rubbing with the alcohol-based formulation.						
5	WHO hand washing steps.						
6	Appropriate hand washing step poster pasted on the wall above the washbasin.						
B: Hand hygiene using soap and water							
I: Hand preparation							
7	Hands and wrists are free from watches and jewelry.						
8	Nails are short and without nail extension.						
9	Long sleeves are rolled up during hand washing.						
10	Cuts are covered with a waterproof dressing.						
II: Hand washing techniques							
11	Hands are washed under continuously running water (warm or cold).						
12	Appropriate liquid or bar soap is applied to a wet hand.						
13	Hands are rubbed to create a lather.						

14	A standard (WHO) handwashing step is followed.						
15	Hands are rinsed thoroughly under running water.						
III: Drying of hands							
16	Taps are turned off using wrist/elbow levers or using specific towels (cloth or paper).						
17	Hands are dried using specific towels (cloth or paper).						
C: Hand hygiene with the use of alcohol-based formulation							
18	Hands and wrists are free from watches and jewellery						
19	Hands are visibly clean						
20	Nails are short and without nail extension.						
21	Long sleeves are rolled up during hand sanitizing						
22	Cuts are covered with a waterproof dressing						
23	An appropriate volume of alcohol-based hand rub is dispensed onto the hands						
24	A standard (WHO) hand rubbing step is followed.						
25	Hands are rubbed until the alcohol has evaporated						
Total Scores (1+2+3+4) from questions 1-25							
Percentage score (%)							

Additional Comments/Recommendations:

Name and signature of the evaluators:

1. .....

2. .....

3. .....

CA checklist developed by: *Changlo, staff nurse, Trashigang Hospital. Krishna Singh, Punakha hospital.*

Verified and adopted by: *QASD, MoH.*